

We'll protect more than just your finances – we'll give you a Helping Hand.

When you buy a Bright Grey plan, you're not only making sure you and your family are financially protected if anything should happen to you, you're also guaranteeing you'll be looked after emotionally.

We include our unique Helping Hand service with every menu plan at no extra cost. Helping Hand provides one-to-one personal support from your own nurse adviser from RED ARC who can help you and your family cope with the devastating effects that illness or bereavement can have. Helping Hand is available as soon as your plan starts and you can use it for as long as you need it.

Here are just a few of the many ways Helping Hand can support you and your family.

Helping your family cope with the loss of a loved one

RED ARC nurses can help your family come to terms with their grief if anything should happen to you. They can also arrange a course of specialist bereavement counselling at no extra cost.

Making it easier to cope with cancer

RED ARC oncology nurses are specially trained to provide support for cancer patients and their families. They'll contact you to discuss treatments, side effects or the wider emotional issues associated with the illness.

Helping to give back the power of speech

RED ARC nurses can ensure that you receive specialist speech and language therapy after an illness such as stroke.

Managing stress and depression

The impact of a critical illness diagnosis can often lead to feelings of stress, depression and anxiety. RED ARC nurses are trained to provide practical stress management – for you and your family.

Helping you get back on your feet

RED ARC nurses can find your clients a local physiotherapist and arrange a course of treatment, at no extra cost.

Introducing cardiac rehabilitation support

The effects of a heart attack or other coronary problems often leave people feeling anxious about over-exerting themselves.

RED ARC nurses can provide specialist information and support for heart attack patients and their families.

Getting you back to work

If you've been away from work for a long time recovering from an illness, it can be difficult to get back into the daily routine. Your RED ARC nurse will help you prepare for your return to work and help to talk to your manager about making any changes to your working conditions.

When conventional treatment isn't the answer

Your RED ARC nurse can arrange for you to have complementary therapies such as reiki, aromatherapy and massage – at no extra cost.

Your family

When we say 'your family' we mean the spouse or partner of the Bright Grey plan owner and their children.